

Adjuvant Treatment for Colon Cancer

Stage III disease treatment:

When, how and for how long?

Gunnar Folprecht

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Dresden, Germany



DECLARATION OF INTERESTS

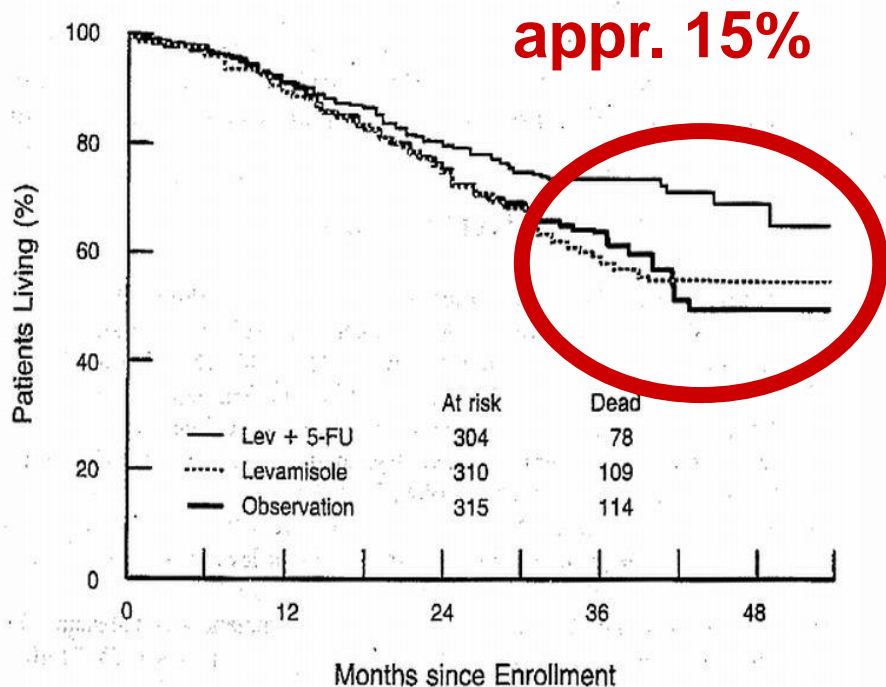
study grant (to the institution):

Merck KGaA

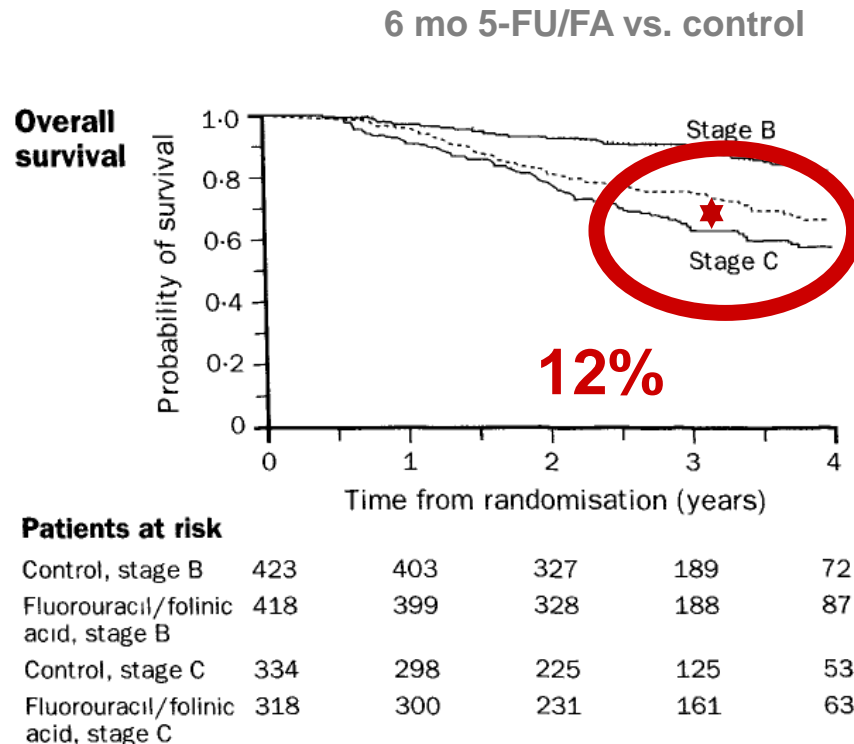
honoraries (lectures, ad-hoc advisory boards):

Amgen, Bayer, BMS, Falk Foundation Merck, MSD, Pierre Fabre, Roche / Genentech, Sanofi-Aventis, Servier, Shire

Stage III: Survival Benefit with 5-FU



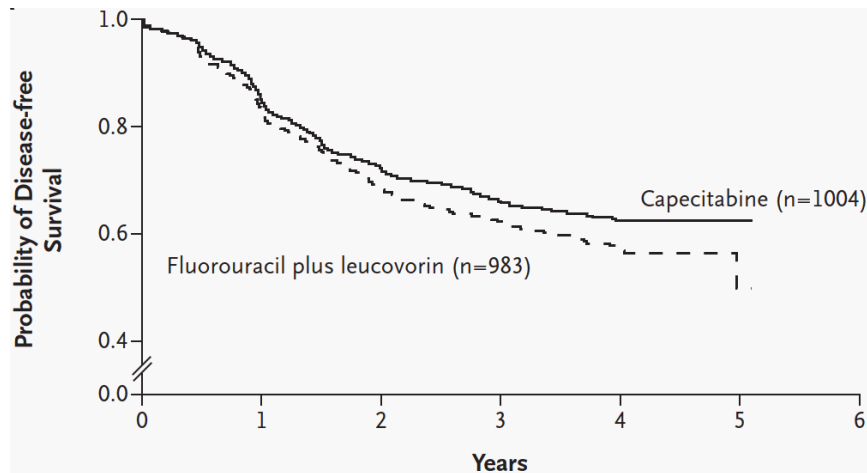
Moertel et al NEJM 1990



IMPACT Meta analysis group Lancet 1995

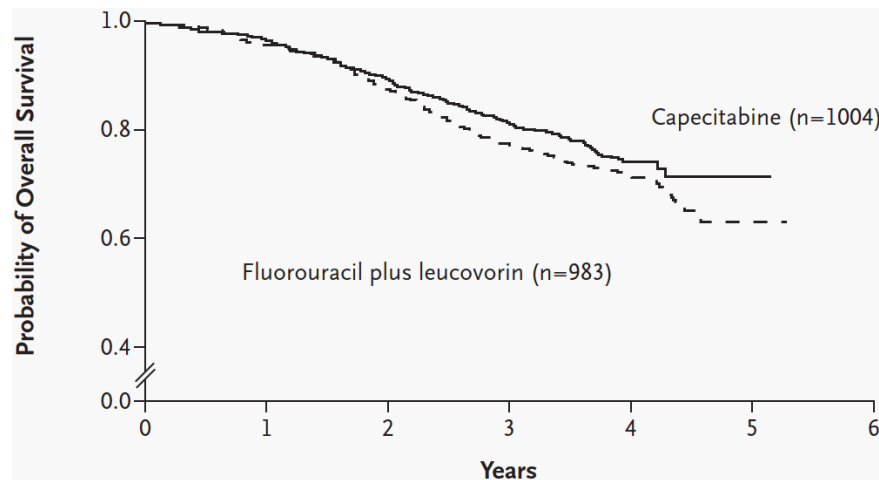
i.v. (bolus) 5-FU can be replaced by capecitabine

Disease free survival



HR 0.86 (0.74-0.99) p=0.04

Overall survival



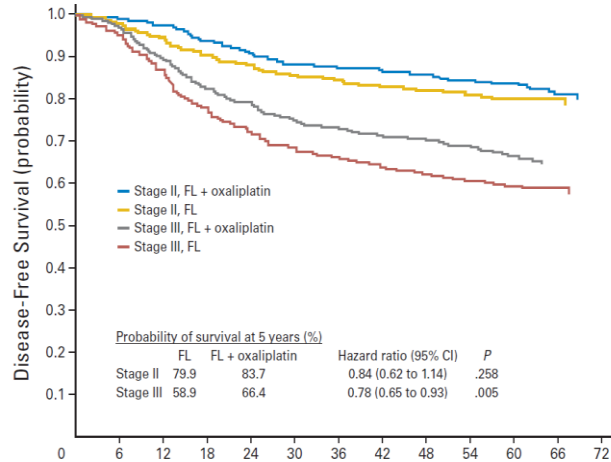
HR 0.84 (0.69-1.01) p=0.07

The study was designed to demonstrate non-inferiority which was shown with $p < 0.001$ (margin for non-inferiority 1.20).

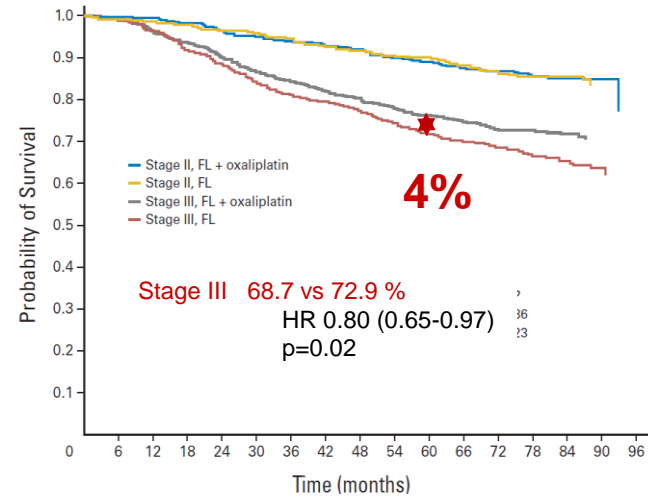
Twelves NEJM 2005

Current standard: Adding oxaliplatin to 5-FU

Disease free survival



Overall survival



Other positive trials:

NSABP C-07 5-FU bolus +/- oxaliplatin Kuebler JCO 2007
 XELOXA, Cape/Ox vs. 5-FU bolus, Schmoll JCO 2015

FOLFOX vs. infusional 5-FU/FA

Andre NEJM 2004, JCO 2009

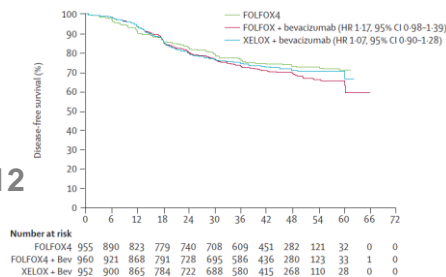
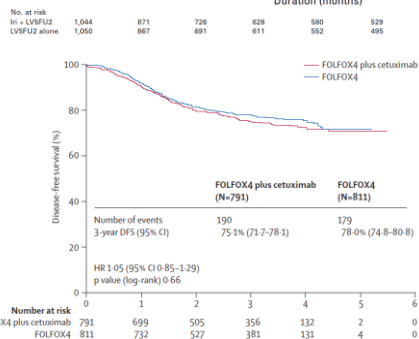
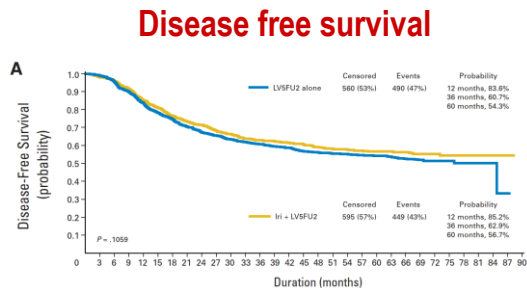
No (significant) improvement with...

... irinotecan

PETACC3

5-FU +/- irinotecan

Van Cutsem JCO 2009



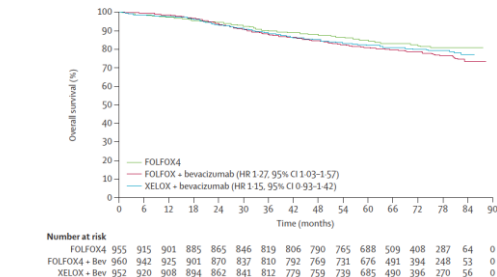
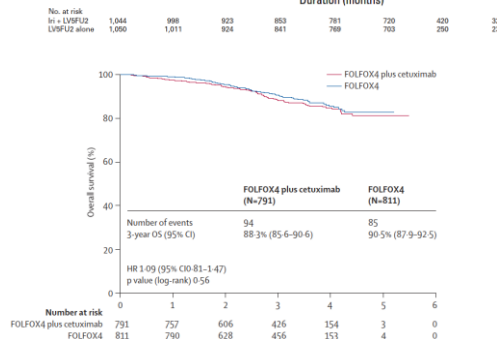
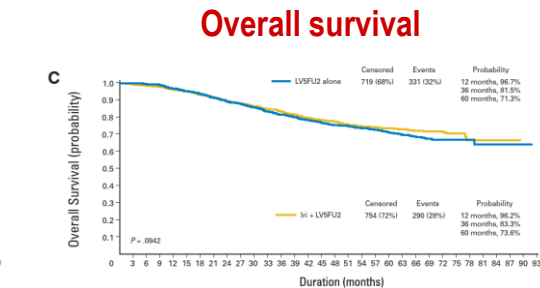
... cetuximab

PETACC8

FOLFOX +/- cetuximab

Taieb Lancet Oncol 2014

(KRAS ex 2 wt pts)



Further negative trials

CALGB 89803

5-FU bolus +/-

irinotecan

Saltz JCO 2007

N0147

FOLFOX +/-

cetuximab

Albirt

JAMA 2012

NSABP C-08

FOLFOX +/-

bevacizumab

Allegria

JCO 2011 / 2013

Standard: oxaliplatin / fluoropyrimidine.

- Delta in overall survival 15 ... 20%
- i.v. 5-FU can be replaced by capecitabine

- **Problem with oxaliplatin: neurotoxicity**

Standard: oxaliplatin / fluoropyrimidine.

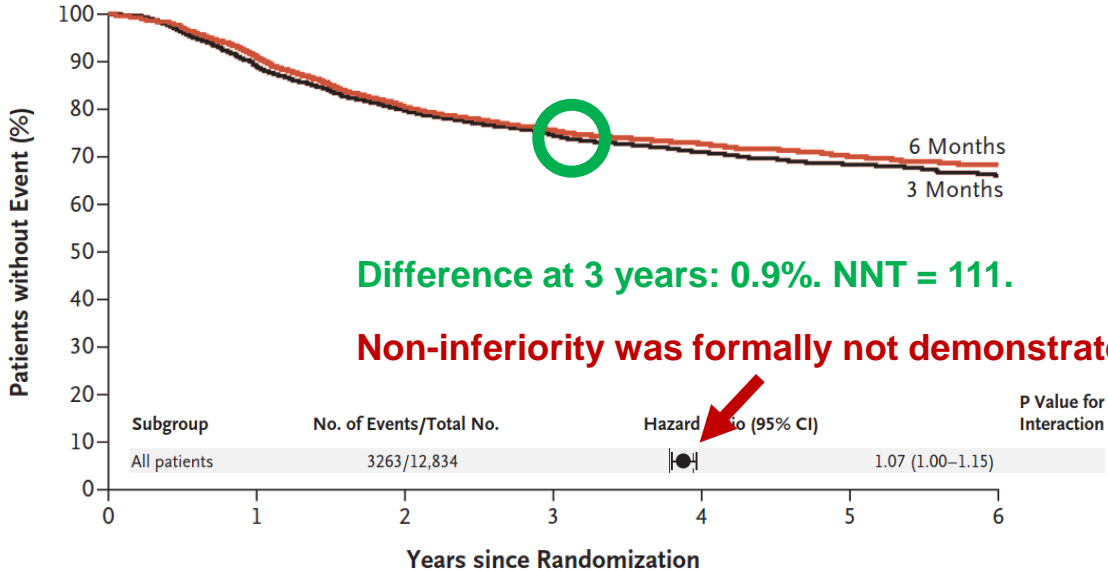
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IDEA initiative

Trial (Countries)	Regimen	# pts in stage III
TOSCA (Italy)	CapOx, FOLFOX (+/- Bevacizumab)	2402
SCOT (UK, Denmark, Spain, Sweden, Australia, New Zealand)	CapOx, FOLFOX	3983
IDEA France	CapOx, FOLFOX	2010
C80702 (US, Canada)	FOLFOX (+/- Celecoxib)	2440
HORG (Greece)	CapOx, FOLFOX	708
ACHIEVE (Japan)	CapOx, FOLFOX	1291

IDEA (Stadium III): 3 vs. 6 months, primary analysis

Disease free survival

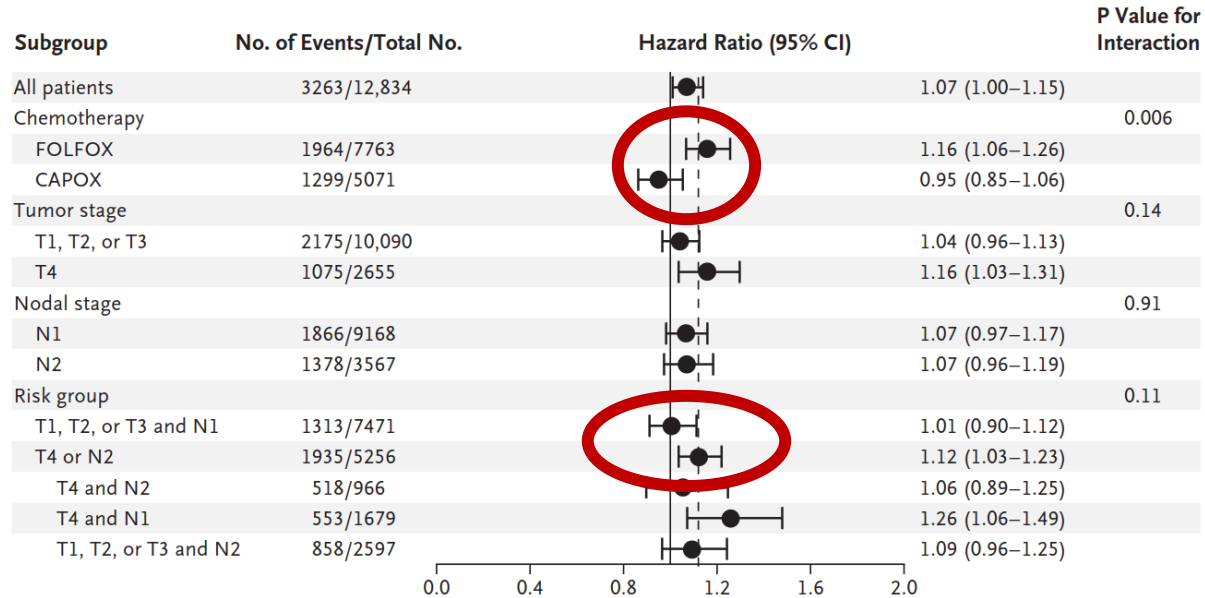


No. at Risk

6 Months	6410	5530	4477	3065	1679	873	334
3 Months	6424	5446	4464	3000	1609	826	321

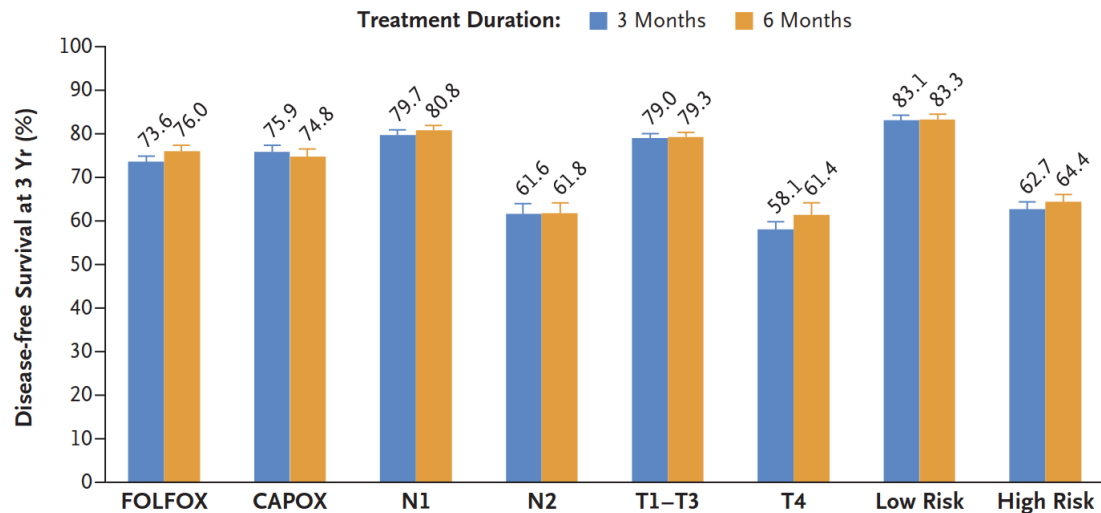
IDEA: 3 vs. 6 months

Disease free survival



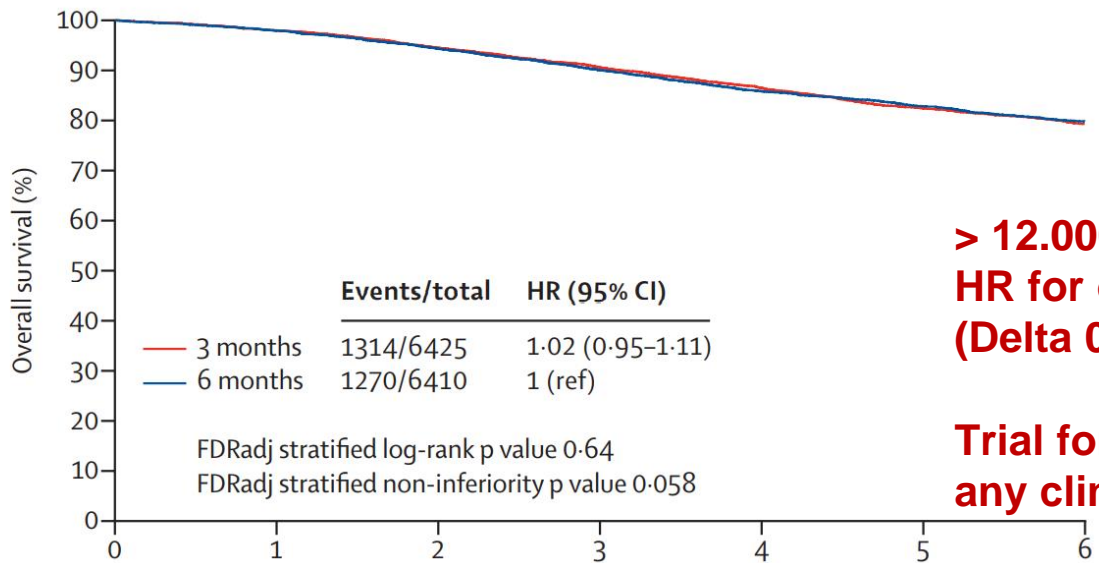
IDEA: 3 vs. 6 months

Disease free survival



No. of Patients	7763	5071	9168	3567	10,090	2655	7471	5256
Hazard Ratio 3 vs. 6 Mo (95% CI)	1.16 (1.06-1.26)	0.95 (0.85-1.06)	1.07 (0.97-1.17)	1.07 (0.96-1.19)	1.04 (0.96-1.13)	1.16 (1.03-1.31)	1.01 (0.90-1.12)	1.12 (1.03-1.23)

IDEA (Stadium III): 3 vs. 6 months, overall survival



	Events/total	HR (95% CI)
3 months	1314/6425	1.02 (0.95-1.11)
6 months	1270/6410	1 (ref)

FDRadj stratified log-rank p value 0.64
 FDRadj stratified non-inferiority p value 0.058

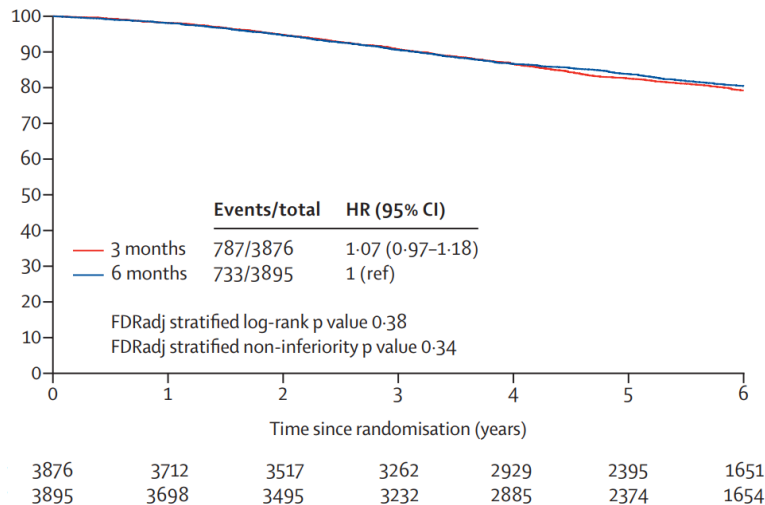
> 12.000 patients
HR for overall survival 1.02
(Delta 0.4%)

Trial formally negative, but:
any clinical relevance?

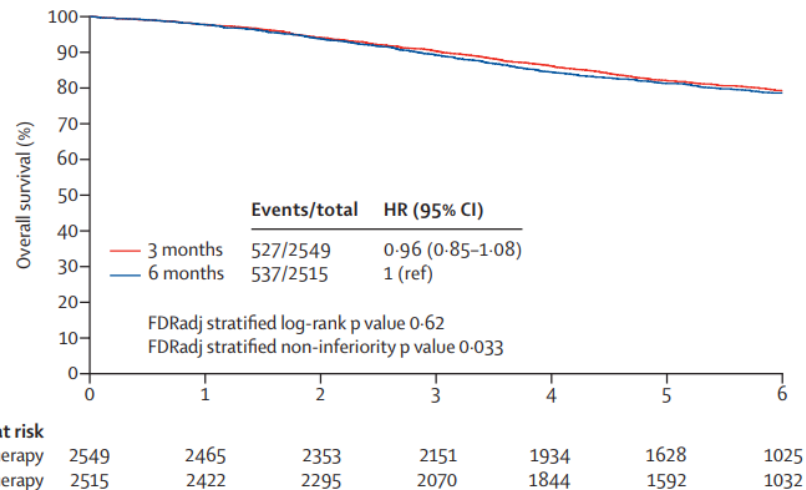
	0	1	2	3	4	5	6
3 months of therapy	6425	6177	5870	5413	4863	4023	2676
6 months of therapy	6410	6120	5790	5302	4729	3966	2686

IDEA (Stadium III): 3 vs. 6 months, overall survival

FOLFOX



Capecitabine / Oxaliplatin

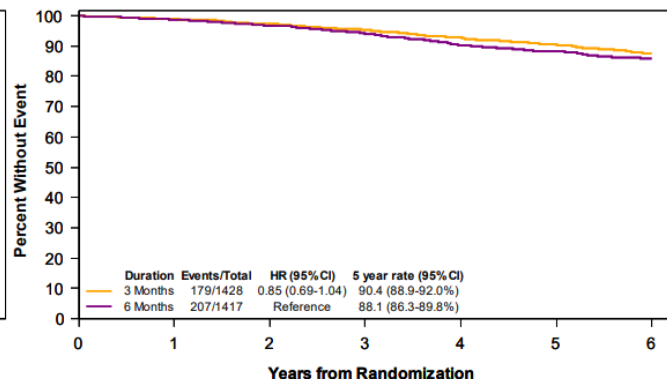
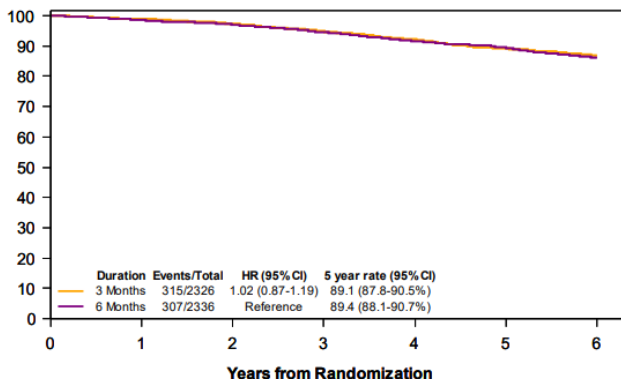


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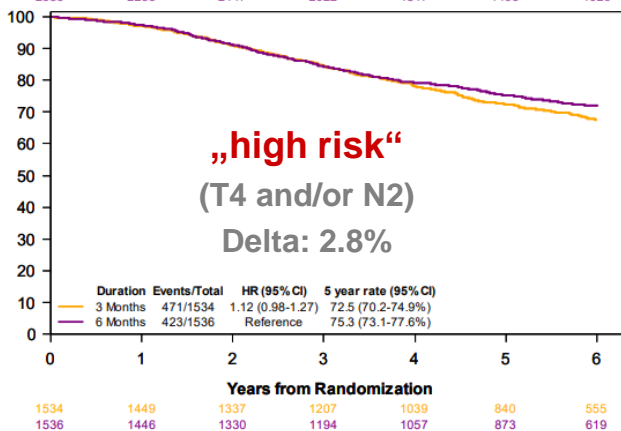
FOLFOX

Capecitabin / Oxaliplatin

„low risk“
(not T4, not N2)



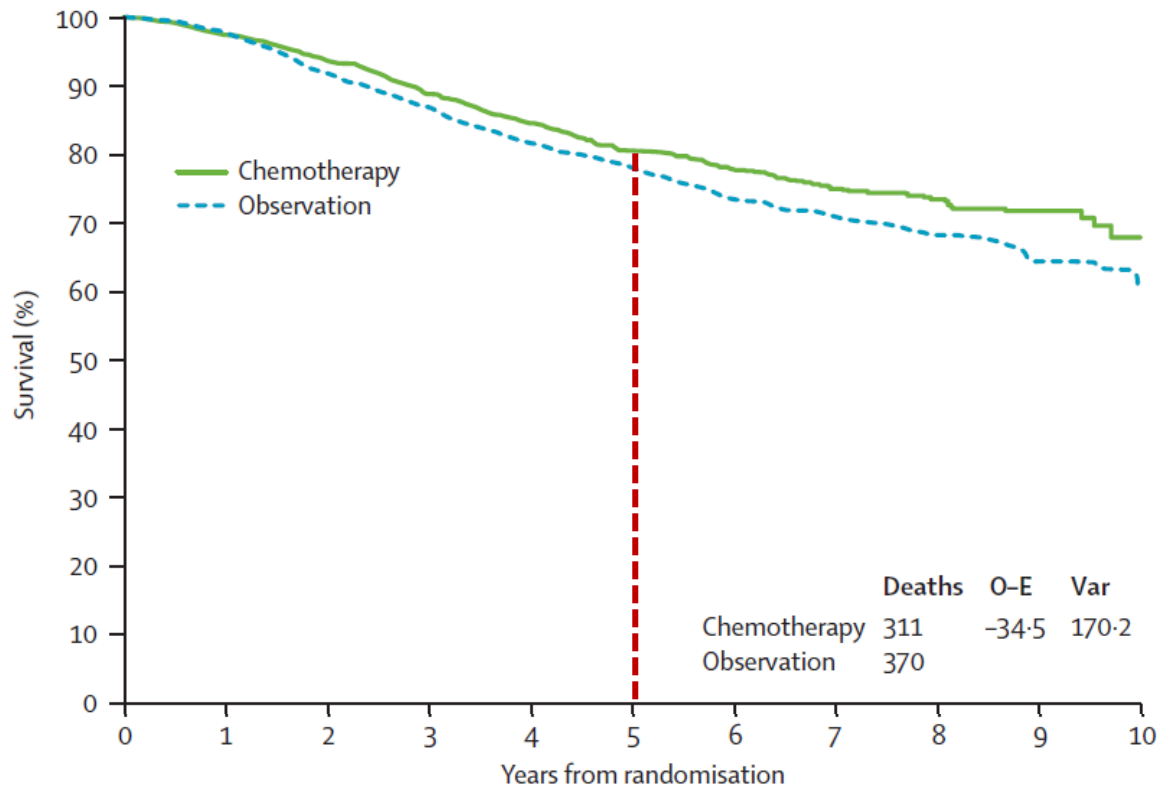
„high risk“
(T4 and/or N2)



No visible difference in OS for low risk or CapOx

In „high risk“ > 90 % effect with 3 months

Stage II: QUASAR trial



2 ... 3 % overall survival difference in stage II do not justify a general treatment recommendation...

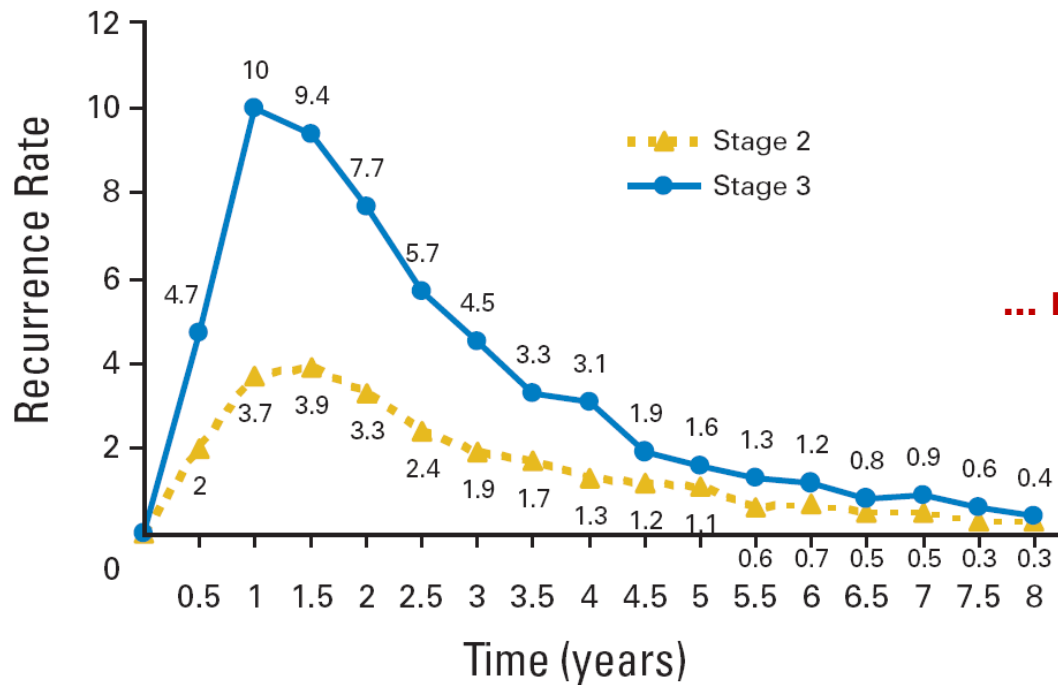
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Recurrences / metastases in adjuvant trials

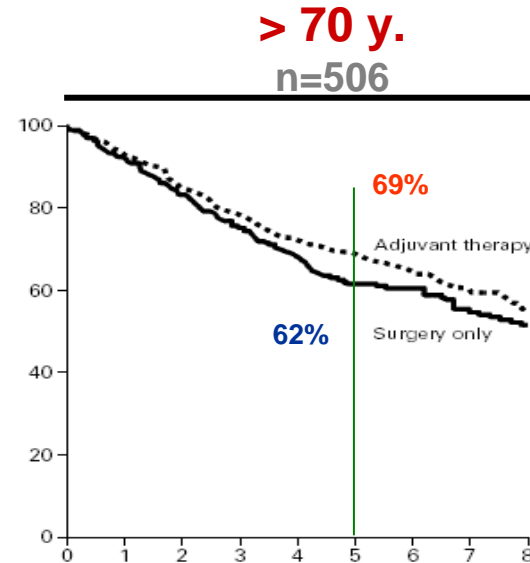


... mostly during the first few years

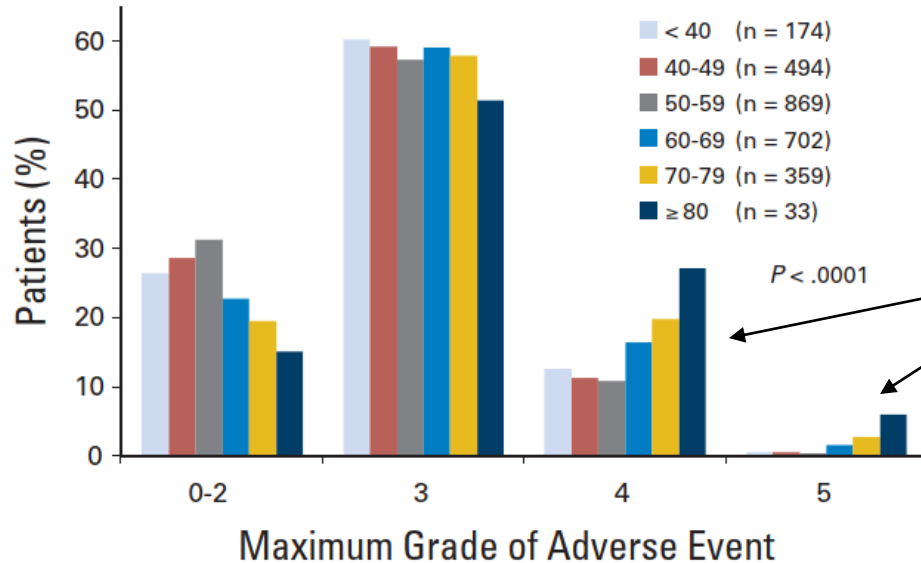
Adjuvant 5-FU in elderly patients

Table 1. Distribution of Patients by Age

Patient Age (years)	No. of Patients	%
< 30	299	0.9
30-34	503	1.5
35-39	956	2.9
40-44	1,549	4.6
45-49	2,510	7.4
50-54	3,818	11.4
55-59	5,056	15.1
60-64	6,188	18.4
65-69	6,610	19.7
70-74	4,488	13.4
75-79	1,334	3.9
≥ 80	263	0.8
Total	33,574	100



Adverse events in NSABP C-08 according to age



Grade 4 / 5 events and age...

grade 4 – life threatening;
grade 5 – fatal

These patients were fit
enough to be enrolled in
clinical trials

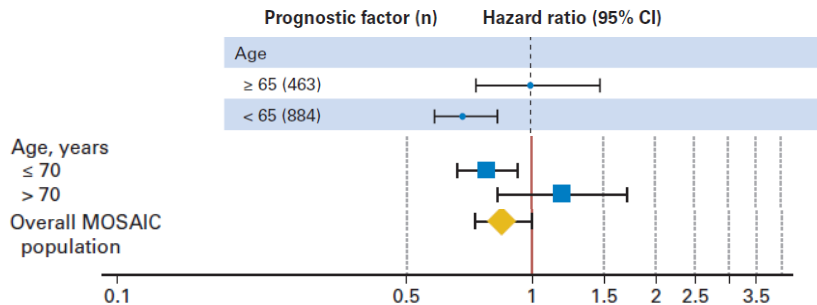
Oxaliplatin: Sub group analyses for age

MOSAIC

FOLFOX vs. 5-FU

Andre

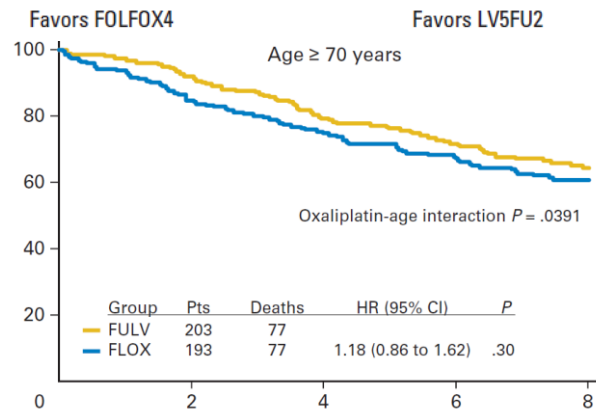
JCO 2009/2016



NSABP-C07

FLOX vs. 5-FU

Yothers JCO 2011



XELOXA

Cape/Ox vs. 5-FU

Schmoll JCO

2015

< 70 y HR 0.82 (0.67-1.01)
 ≥ 70 y HR 0.91 (0.66-1.26)

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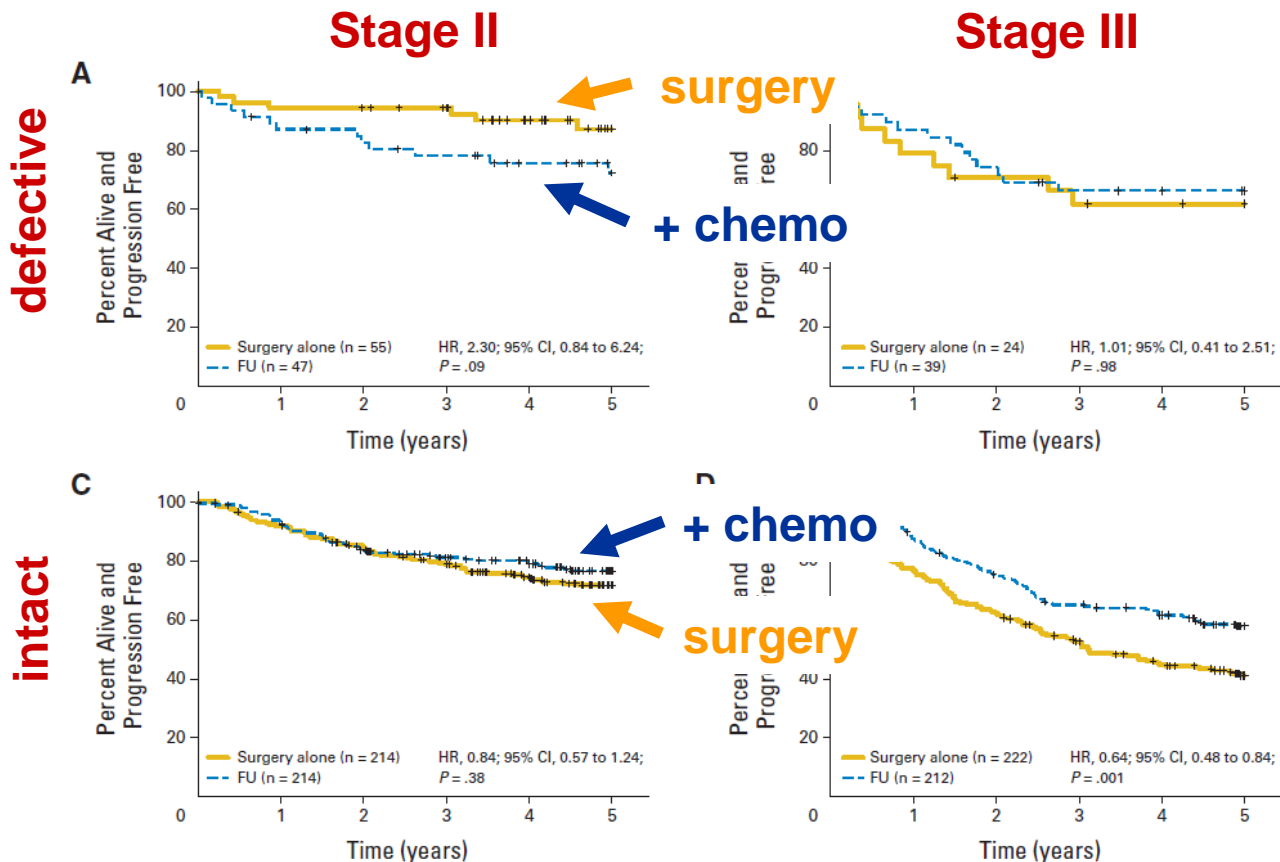
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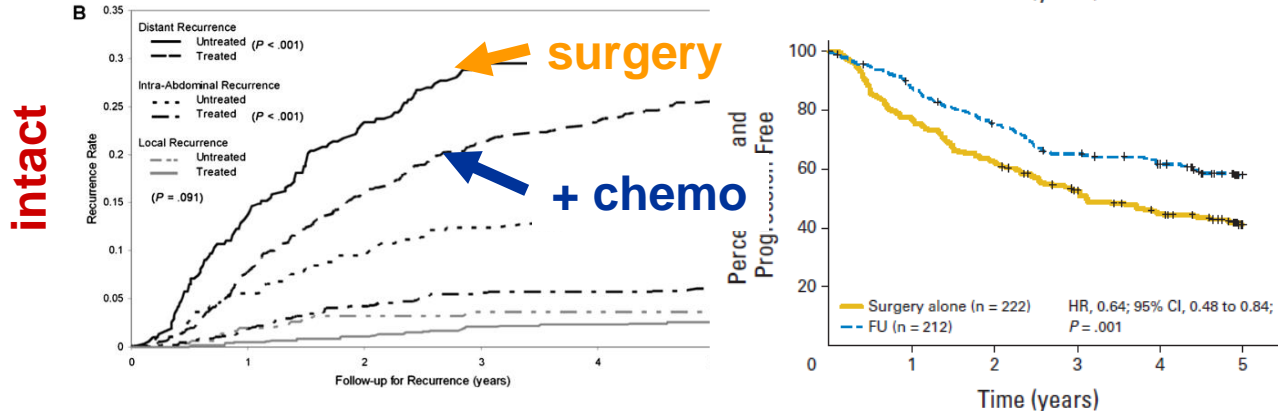
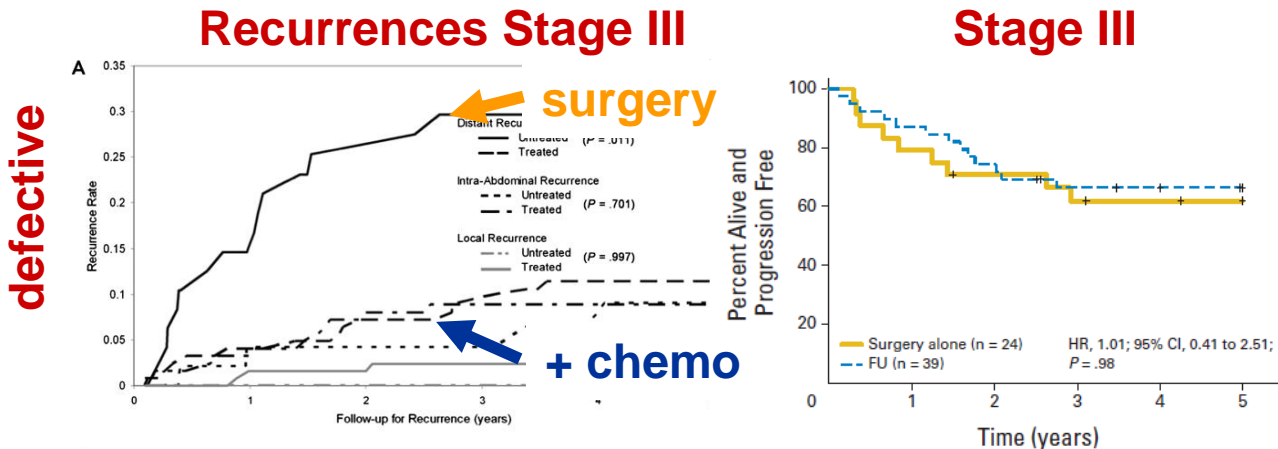
- For patients with > 75 years limited evidence.
- Limited/no benefit from oxaliplatin > 70 years → rather 6 months fluoropyrimidine.



DNA mismatch repair and chemo (5-FU)



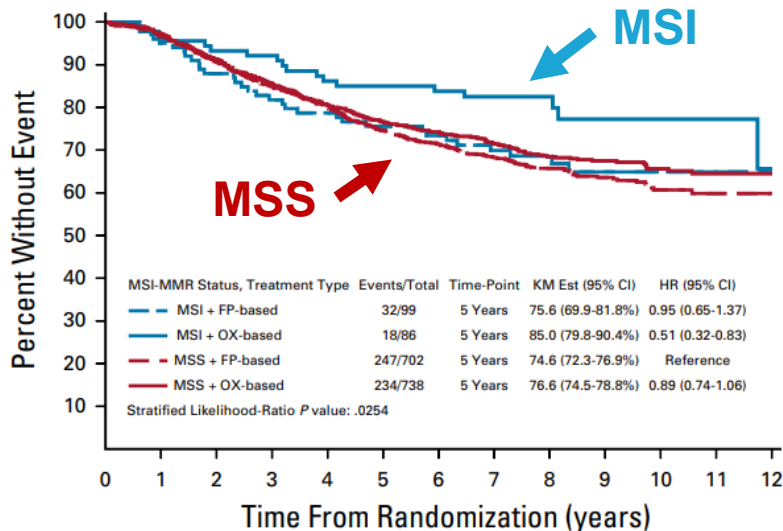
DNA mismatch repair and chemo (5-FU)



DNA mismatch repair and adding oxaliplatin

Overall survival

A

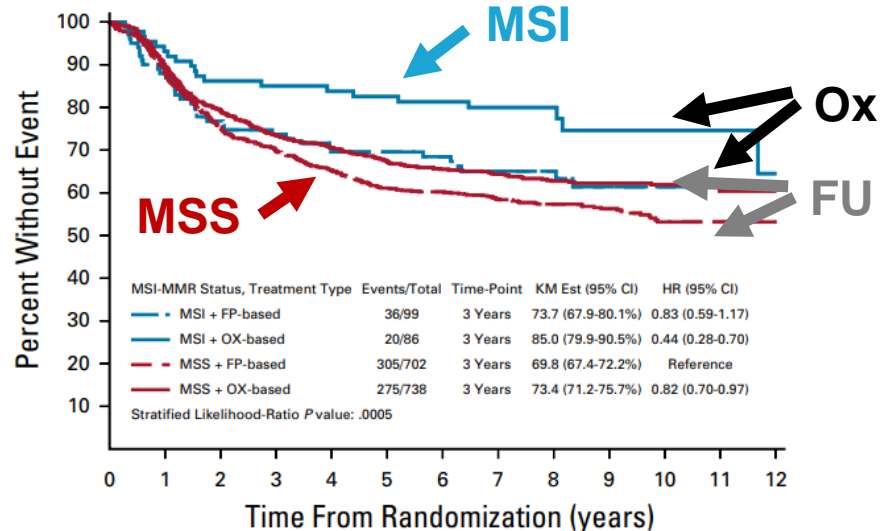


Patients-at-Risk

MSI + FP-based	99	94	86	80	76	67	65	54	41	23	12	5	3
MSI + OX-based	86	80	77	75	68	67	65	56	32	19	11	7	3
MSS + FP-based	702	673	628	583	547	509	480	424	306	198	114	53	26
MSS + OX-based	738	710	665	626	584	547	527	465	342	245	146	79	27

Disease free survival

B



Patients-at-Risk

MSI + FP-based	99	87	75	72	67	62	61	50	39	22	11	4	3
MSI + OX-based	86	78	71	69	66	65	63	54	31	18	10	7	3
MSS + FP-based	702	613	518	479	447	417	406	364	265	178	98	46	24
MSS + OX-based	738	660	582	538	513	482	468	418	308	220	132	68	22

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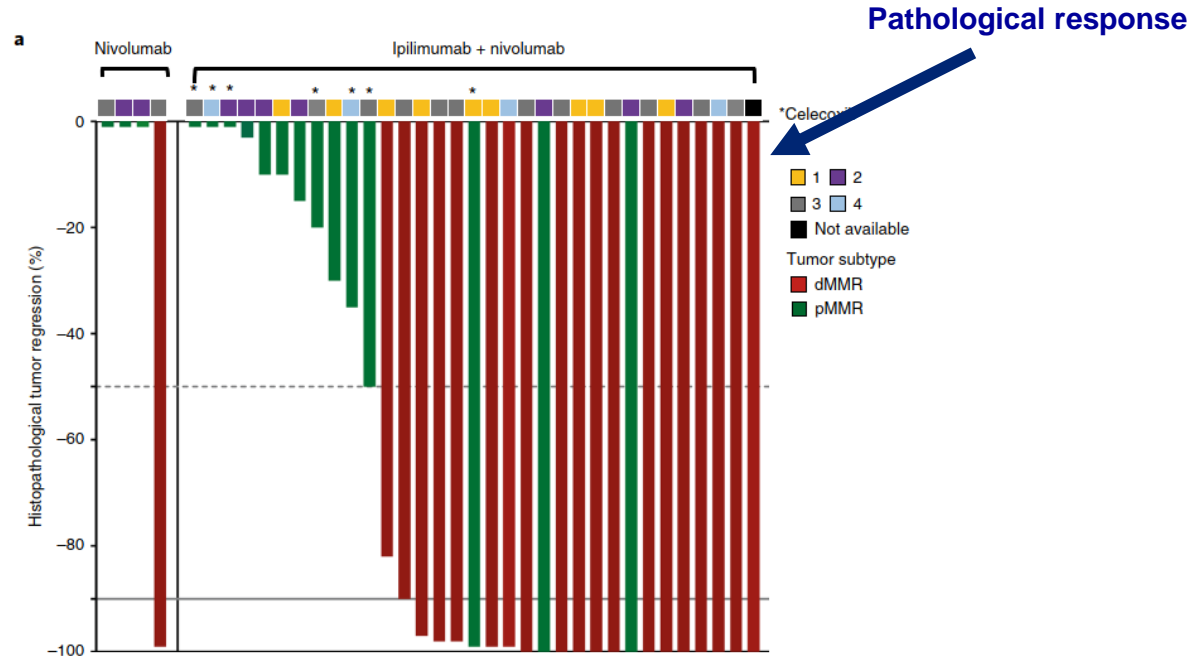
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Do not use MSI / dMMR for adjuvant chemotherapy decision in stage III.

- But change of the standard is likely.

Neoadjuvant immunotherapy in CRC (mostly MMR-d / MSI-H)

Nivolumab monotherapy or ipilimumab/nivolumab



FOxTROT: peri- vs postoperative chemotherapy

3 x FOLFOX → OP → 9 x FOLFOX

vs.

OP → 12 x FOLFOX

FOxTROT: peri- vs postoperative chemotherapy

3 x FOLFOX → OP → 9 x FOLFOX vs. OP → 12 x FOLFOX

1. Not more complications

Underwent surgery	Pre&post n=684	Post n=351	
Procedure involved a stoma	11.7%	9.0%	p=0.18
Wound infection	8.5%	8.9%	p=0.85
Bronchopneumonia	1.8%	3.1%	p=0.16
PE ± DVT	1.6%	0.6%	p=0.18
Anastomotic leak or intra-abdo abscess	4.7%	7.4%	p=0.07
complication requiring further surgery	4.3%	7.1%	p=0.05
complication prolonging hospital stay	11.6%	14.3%	p=0.21
Death within 30 days	0.6%	0.6%	p=0.98

FOxTROT: peri- vs postoperative chemotherapy

3 x FOLFOX → OP → 9 x FOLFOX vs. OP → 12 x FOLFOX

1. Not more complications
2. **Downsizing/downstaging**

Local pathology	neoadj. chemo n=682	Straight to surgery n=347	
pT0	4.1%	0%	} p<0.0001
pT1-2	11.7%	5.8%	
pT3	63.7%	64.5%	
pT4	20.5%	29.8%	
Max tumour diameter – median	35mm	50mm	p<0.0001
Spread beyond muscularis – median	4mm	5mm	p=0.005
EMVI+	32.3%	45.0%	p<0.0001
pN0	59.4%	48.7%	} p<0.0001
pN1	25.4%	25.1%	
pN2	15.2%	25.9%	
Apical node positive	3.8%	7.5%	p=0.013

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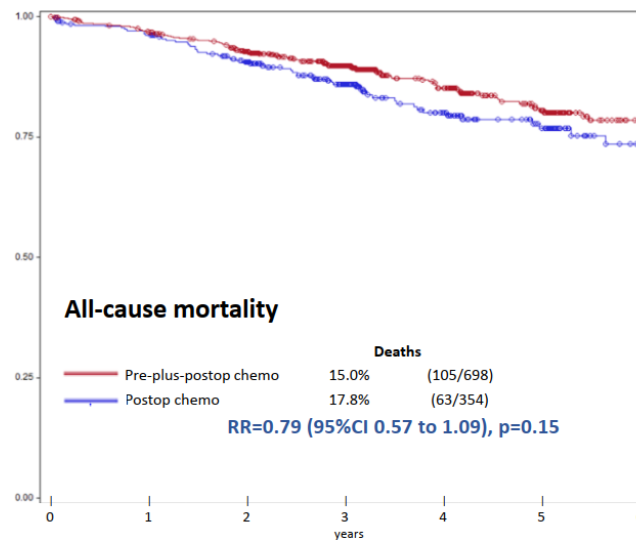
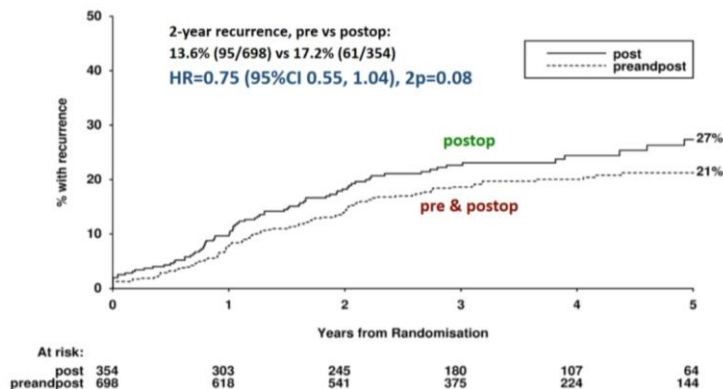
1. Not more complications
2. Downsizing/downstaging
3. **More R0 resections**

R1/R2/no resection	periop 4.8%	postop 11.1%	p=0.001
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FOxTROT: peri- vs postoperative chemotherapy

3 x FOLFOX → OP → 9 x FOLFOX vs. OP → 12 x FOLFOX

1. Not more complications
2. Downsizing/downstaging
3. More R0 resections
4. **Trend: less recurrences / better survival**



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1. Not more complications
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4. Trend: less recurrences / better survival

Potential risk of overtreatment

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FOxTROT: peri- vs postoperative chemotherapy

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MSI-H patients might not benefit.

91% scored blind by central pathologist
9% by local pathologists

	pMMR (or u/k) n=592	dMMR N=106	
Complete Response (TRG4)	3.3%	4.7%	p<0.0001 MH
Marked Regression (TRG3)	4.8%	0%	
Moderate Regression (TRG2)	14.5%	0%	
Little Regression (TRG1)	47.9%	21.7%	
No regression (TRG0)	26.6%	73.6%	

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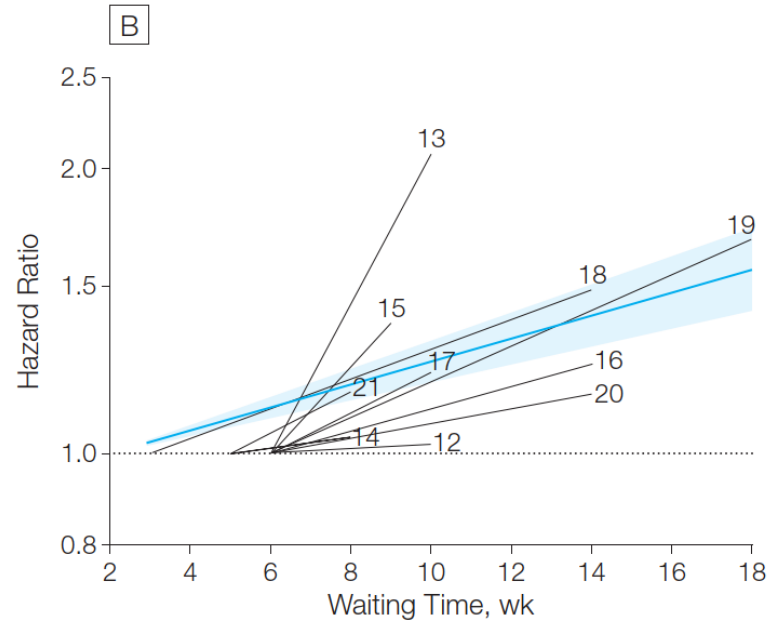
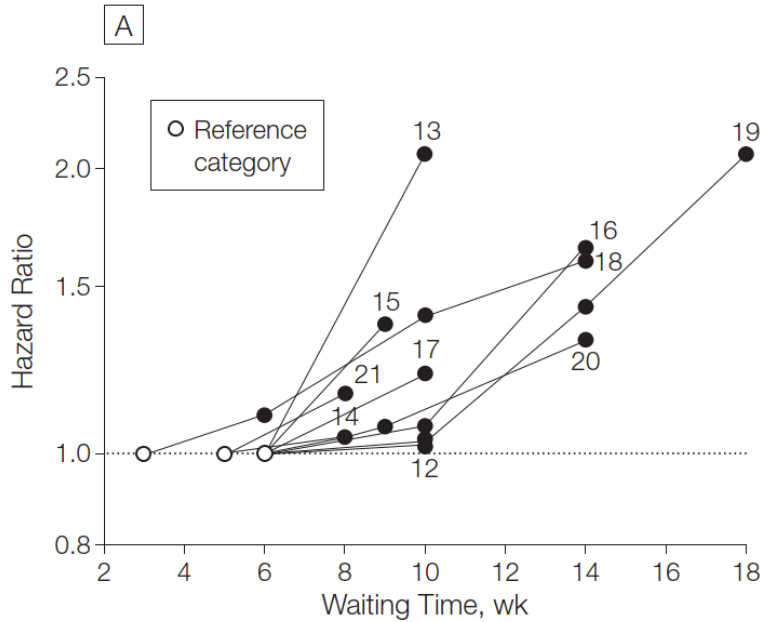
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Neoadjuvant treatment may improve R0 rates and survival.

- To be confirmed
- Currently option for locally advanced tumours

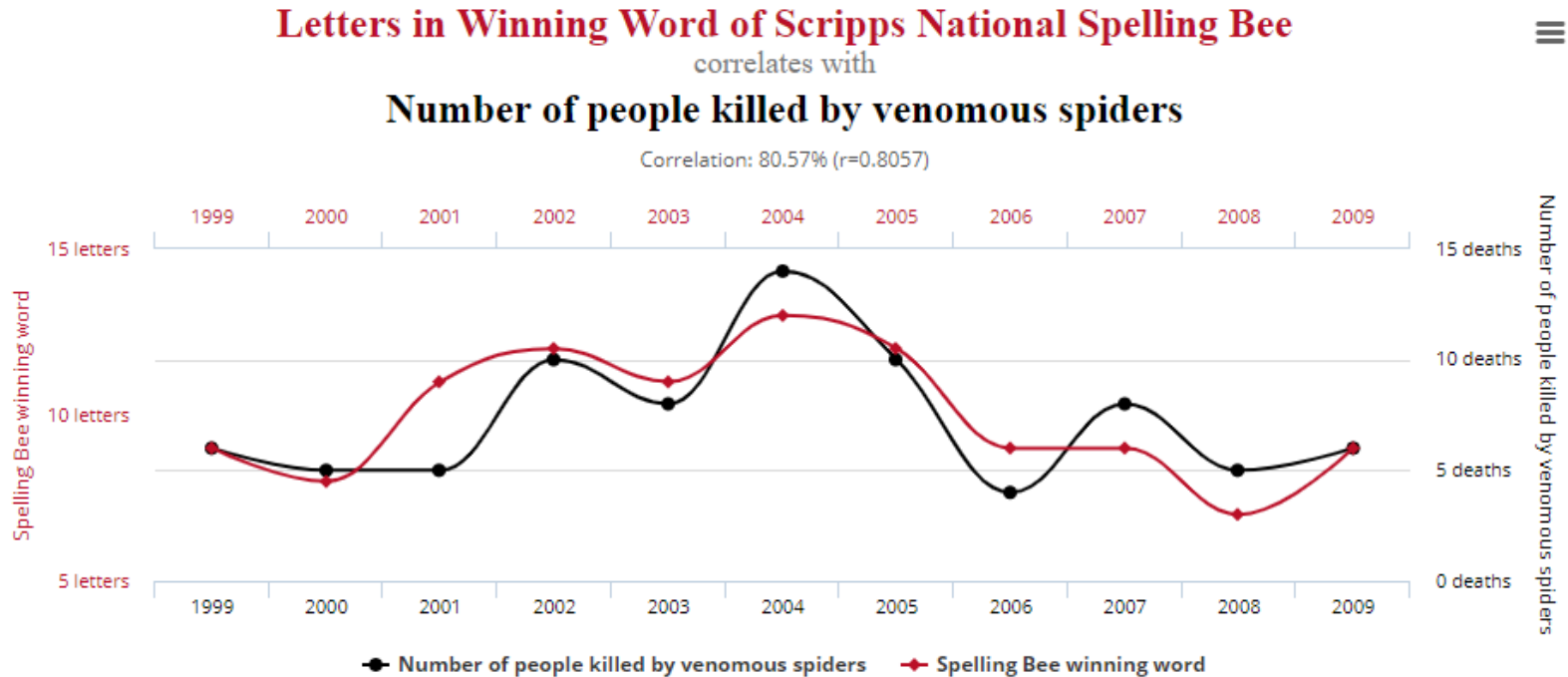


Later treatment start associated with worse prognosis



(Try to) start early.

Be careful: correlation is not always causality



Data sources: National Spelling Bee and Centers for Disease Control & Prevention

tylervigen.com

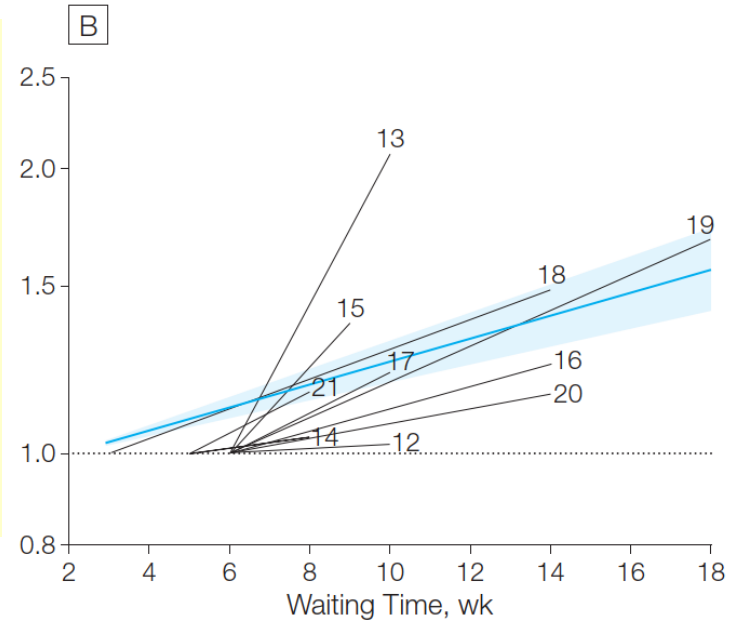
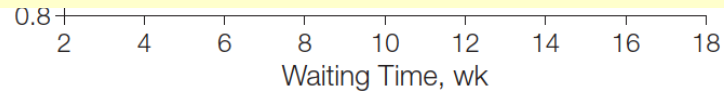
<https://www.tylervigen.com/spurious-correlations>

Later treatment start associated with worse prognosis

Associated with late chemo start:

- surgical complication / ileus
- central venous catheter
- ...

Elkrief BMJ Open Quality 2020
Wasserman JCO Oncol Pract 2015



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Start as soon as possible.

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